

Hoop School Announcement of Spring Events

Parents and Players,

hoopschool1@gmail.com

If you are interested in any or all of these opportunities below, please email us at the aforementioned address. We have some exciting upcoming spring events as well as summer camp opportunities. The spring events are as follows;

- **Personal Coaching in Watertown/Newton area (see details below)**
- **AAU opportunities for 5th, 6th and 7th graders. Newly formed select AAU organization this spring w/expert coaching**
- **Four week spring Fundamental Clinic in Lynnfield (beginning on Sunday, March 15th)**
- **Shooting and Scoring clinic in Lynnfield (three weeks beginning on Sunday, April 19th)**

Personal Coaching

Beginning the second week of March the Hoop School will begin exclusive group personal coaching instruction sessions for girls, over the course, of four or potentially five weeks in Watertown and Newton. There will be three sessions; a **Guard oriented for youth grades, a Post/4 or 5 man/big person session for youth grades and a high school session.** The sessions are designed to be extremely intensive, individually focused in terms of improving strengths and strong emphasis on weakness improvement, teaching basketball from a conceptual standpoint and improving your/their overall basketball athleticism. This would be a great opportunity to prepare you AAU.

Breakdown of sessions;

- **Guard** - attacking the basketball, weak-hand development, individual offense, shooting, creating, beating defenders, getting open, passing, ball handling, and footwork
- **Post** - footwork (drop steps), post position, moves, rebounding, position, shooting, screening, and finishing
- **High School** - individual skills, attacking the rim, defensive positioning, shooting, getting open, and 1 v 1, 2 v 2 and 3 v 3 work as well

The session will run for 1 hour in duration.

We will limit the group to maximum of (10) total players.

Admittance will be on a first come, first serve basis. An email to hoopschool1@gmail.com is required to reserve your spot in the session.

Nights and weekend sessions available. Cost prorated is \$25 per session and require a four or five week commitment

Please contact us today to reserve a spot today

Coordinator's Experience: Presently, I am the [Newton North Girls Varsity Basketball Coach](#). Prior to my hire in Newton, I worked with the State Champion Boy's Basketball Team in Watertown. In addition, I have coached with the Warrior Girls AAU program. Prior to joining the Warriors Organization, I served as Head Coach at Lasell College , Assistant Coach/Dir of Basketball Ops at Div I Northeastern University and also was the Associate Head Coach/Recruiting Coordinator at Tufts and Suffolk University respectively. I started my career at the Varsity Assistant/Junior Varsity coach at Melrose High School and have worked extensively with several local youth development programs over the years. I have over ten years of college coaching experience and have coached several current NBA players.

Regards,

Hank DeSantis 617-922-8309

hoopschool1@gmail.com